



Spokin' Times News

SLOW SPOKES BICYCLE CLUB
P.O. BOX 792
STERLING HEIGHTS, MI 48311-0792

May 2015

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Carol Ritchey

Vice President

Tom Graham

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Clara Herndon

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Lennie Raines

Sunshine Liaison:

Rita Zupan-Wilhelm

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Event Coordinator:

Tom Graham

Webmaster:

Tom Miller

Website:

www.SlowSpokes.org

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Slow Spokes

P.O. Box 792

Sterling Hts, MI 48311

Vote to be held at May meeting on dues due date

At the April 10 membership meeting there was a discussion regarding the due date for club dues. The payment of dues is defined in the club by-laws as shown below. Following the discussion, a motion was made by Tom Miller, supported by John Wood to revise the date as shown in bold.

Article VI- Dues:

The membership shall set the dues, for the next year, by a majority vote prior to the end of the fiscal year. If such a vote is not taken then the previous year's dues shall be in effect for another year. Dues shall be paid prior to the beginning of the month of April **January**.

Since this represents a change to the by-laws, it was agreed that we would table this vote until the May meeting. In order to inform as many members as possible, it was also agreed to publish the proposed change in the May club newsletter.

So, if you have anything to say about this issue or even if you don't, please come to the May meeting, Friday, May 1st at 7 pm. Sorry, no yoga at this meeting. Yoga will be back sometime in the fall.

Upcoming area rides.

Sunday, May 3. Metro Grand Spring Tour.

Downriver Cycling Club. Huron High School - New Boston.

25, 50, 75, 100 mile routes.

Saturday, May 9. Spring Back 40.

Flying Rhino Cycling Club. Clarkston.

10, 16, 24, 48 mile routes. This is a dirt road ride.

Wednesday, May 20. Ride of Silence.

The LMB calendar didn't have information on Detroit-area rides.

The weeknight rides are all back for the month of May. All of them will start at 6:00 pm in May. Some may change to 6:30 in June and July.

Also, there should be several impromptu club rides showing up in May now that the weather is getting warmer. So be sure to watch your email. We hope to see you out there on a ride!

Meetings—Unless otherwise noted, meetings are held at 7:00 p.m. on the first Friday of every month at the Warren Woods Baptist Church at 14251 E. 12 Mile Road between Hayes and Schoenherr in Warren. Refreshments are served.

Ride Information—Send information for rides and walks and other exciting events to our event coordinator Tom Graham, email turbotommie@hotmail.com by the 10th of the month.

Newsletter Information—Send articles you'd like published to Jim Walter. Email the information to him at jim.walter@comcast.net. Articles must be received by the 15th of the month for inclusion in the newsletter. Feel free to call Jim at 248-879-2405.

June Self-Contained Rides

June is only a few short weeks away and we are making the final plans for our two June self-contained rides. Several members have let us know that they are interested in one or both of the rides. If you are still considering going on the rides, please let us know as soon as possible as we need to make reservations at a few of the campgrounds.

Circle the Thumb ride (June 7th – June 12th) – Most of us will be leaving from home and meeting up at Tom Graham's house to continue on to Algonac State Park. Some will ride directly to the Park. Total miles will be 325 to 350 depending on first and last day miles.

Ride to GOBA (June 18th – June 30th) – Leaving from home on June 18th and arriving in Van Wert, Ohio on June 20th. GOBA is June 21st – 27th. Leaving Van Wert on June 28th and arriving home on June 30th. Total miles will be around 440 plus 258/411 on GOBA.

Tom Graham – turbotommie@hotmail.com – 586-854-7911

Clara Herndon – claraherndon@outlook.com – 586-574-0426

Club Ride Mileage

<u>Rider miles</u>	<u>April miles thru 4/19</u>
Graham Tom	120
Herndon Clara	120
Schultz Ed	81
Appleberry Bill	76
Miller Thomas	76
Ostrowski Rich	58
Woloszyk Mary	58
Gater Barb	44
Raines Lennie	44
Sustrich Bernie	44
Sustrich Carol	44
Wilhelm Paul	44

This includes only the top riders by miles, not all riders.

May birthdays:

Marie Appleberry	May 27
Ed Brundage	May 30
Melissa Halsall	May 28
Jack Logomarsino	May 6
Judy Logomarsino	May 11
Tom Miller	May 16
Rosemary Reid	May 5
Bernie Sustrich	May 29
James Tierney	May 18
Irene Walter	May 9
Margaret Westerman	May 10
Rita Zupan-Wilhelm	May 30



*The Slow Spokes
Wish all of you
A very happy
Birthday!*

If we missed anyone's birthday, sorry about that! We wish you a happy birthday too!

<u>Leader miles</u>	<u>Thru 4/19</u>
Tom Miller	552
Tom Graham	352
Mary Woloszyk	273
<u>Total Club miles Thru 4/19</u>	1177

Leader miles is determined by the number of people on the ride times the number of miles for the ride.

The above mileage info was taken from the ride sign in sheets that were turned in to our event coordinator Tom Graham in April. To get their miles included, leaders must turn in their ride sheets.

MAY WEEKLY RIDES

Monday Evening Rides

DISTANCE:	15 - 18 miles	DATE:	Mondays
PACE:	11 - 14 mph	TIME:	6:00 P.M.
TERRAIN:	Flat		
LEADER:	Mary Woloszyk (586) 778-9172		
MEETING PLACE:	St. Clair Shores library — Southeast Corner of Jefferson & 11 Mile Road		
ADDITIONAL INFORMATION:	We will ride through the neighborhoods of St. Clair Shores and the Grosse Pointes. No ride if raining.		

Tuesday Evening Rides

DISTANCE:	25 - 30 miles	DATE:	Tuesdays
PACE:	12 - 14 mph	TIME:	6:00 P.M.
TERRAIN:	Mostly flat and paved (Macomb Orchard Trail and low volume roads)		
LEADER:	Paul and Rita (586) 243-4325		
MEETING PLACE:	Rainbow Plaza—Southeast corner of 25 Mile and Shelby Roads		
ADDITIONAL INFORMATION:	We'll ride to Armada varying the route a bit each week. There will be an optional restaurant stop after the ride at a location to be determined.		

Wednesday Evening Rides

DISTANCE:	20 miles	DATE:	Wednesdays
PACE:	10 - 13 mph	TIME:	6:00 P.M.
TERRAIN:	Flat		
LEADER:	Bill Appleberry (586) 573-7377		
MEETING PLACE:	Comerica Bank parking lot at Garfield and Metro Parkway.		
ADDITIONAL INFORMATION:	Ride distance and destinations may vary from week to week. No ride if raining.		

Thursday Evening Rides

DISTANCE:	14 miles	DATE:	Thursdays
PACE:	Leisurely pace to accommodate all riders.	TIME:	6:00 P.M.
TERRAIN:	Flat		
LEADER:	Ray Carpenter (586) 321-1503 between 8 am and 8 pm		
MEETING PLACE:	At the clock on the corner of Main St. and New St. in Mt. Clemens		
ADDITIONAL INFORMATION:	Ride 7 miles, rest stop and return. Tentative destination is St. Clair Metro Park.		

Editor's Note—Some ride leaders specifically mention "No ride if raining". Most don't start a ride in the rain!

Email from Rails-to-Trails Conservancy

For every dollar that goes to the Michigan Transportation Fund

one penny would go to

That's up to **\$13 MILLION** for trails, walking and biking programs!

VOTE YES!
Proposition 1

Tuesday, May 5, 2015

Learn more at rtc.li/mi-action

rails-to-trails
conservancy

The following is an excerpt from an email the editor received from Rails-to-Trails:

One penny may not sound like much, but it can mean millions of dollars for a safer Michigan.

Proposition 1 is Michigan's opportunity to fix the state's crumbling roadways and bridges—and make sure that all forms of transportation are included.

In fact, through Proposition 1, for every dollar that goes to the Michigan Transportation Fund, less than one penny will go to trails, walking and biking programs. Despite that small share, it would provide up to \$13 million each year for maintaining and building crosswalks, bike lanes, multi-use trails and other infrastructure to help Michiganders safely get to where they need to go.

On Tuesday, May 5, vote YES on Proposition 1. It's the only item on the ballot, and it will make a huge difference for people who drive, walk and pedal around the state.

The League of Michigan Bicyclists also supports voting YES on Proposal 1. See their website—www.lmb.org

Sorry, I didn't receive any emails from bicycling organizations with an opposing point of view. The Editor.

Book Club—Wednesday May 27 7:00 pm

Book—The Poisonwood Bible by Barbara Kingsolver

Place—Jim Walter's House

YOUR FAVORITE BIKE SHOP!!!

The following bicycle stores offer a discount on equipment and accessories. Be prepared to show your Slow Spokes membership card when making a purchase to receive the discount.

Allied Cycle	23101 Gratiot	Eastpointe, MI 48021	586/772-3411
American Cycle & Fitness	29428 Woodward Ave	Royal Oak, MI 48072	248/542-7182
American Cycle & Fitness	39900 W. Fourteen Mile	Walled Lake, MI 48390	248/960-1371
American Cycle & Fitness	203 N. Perry Street	Pontiac, MI 48342	248/333-7843
American Cycle & Fitness	20343 Mack Avenue	Grosse Pointe Woods, MI 48236	313/886-1968
American Cycle & Fitness	18517 Hall Road	Macomb Twp. MI 48044	586/416-1000
Anchor Bay Bicycle & Fitness	35214 23 Mile Road	New Baltimore, MI 48047	586/725-2878
Bike Tech	18401 E. Warren	Detroit, MI 48236	313/884-2453
D & D Bicycles	8383 N. Middlebelt Rd	Westland, MI 48185	734/522-9410
D & D Bicycles	121 N. Center Rd.	Northville, MI 48167	248/347-1511
D & D Bicycles	9977 E. Grand River	Brighton, MI 48116	810/227-5070
D & D Bicycles	4141 W. 12 Mile Road	Berkley, MI 48072	248/547-0770
D & D Bicycles	7330 Highland Road	Waterford, MI 48327	248/461-6550
East Side Bike Shop	26210 Van Dyke Ave	Centerline, MI 48015	586/756-2001
Fraser Bicycle & Fitness	34501 Utica Road	Fraser, MI 48026	586/294-4070
Hamilton Bicycle	69329 Main Street	Richmond, MI 48062	586/727-5140
Macomb Bike & Fitness	28411 Schoenherr	Warren, MI 48088	586/756-5400
Main Street Bicycles	5987 26 Mile Road	Washington, MI 48094	586/677-7755
Main Street Bicycles	622 S Lapeer	Lake Orion, MI 48362	248/236-9100
Metro Bike-N-Sport	36649 S. Gratiot Ave	Clinton Twp., MI 48035	586/791-3488
Paul's Bike Depot	28057 Gratiot	Roseville, MI 48066	586/776-9165
Stoney Creek Bike	58235 Van Dyke	Washington, MI 48094	586/781-4451

Club Information

For more information about our club, please see our website at www.slowspokes.org
 Most of the information on the website is visible without signing in. If you are a member, you can use your email address as your login ID and create a password. This gives you access to some information that non-members cannot see.
 If you wish to join the Slow Spokes, there is a membership application on the website that you can print out and fill out.
 You are welcome to come for a meeting or try out a ride before joining the club.

DO WE HAVE YOUR CORRECT EMAIL ADDRESS?

If you want to know of impromptu rides and other information of special interest not found on our website or in the newsletter, please make sure you forward your correct email address to Paul Wilhelm at jpwilhelm@hotmail.com

Notes from the Newsletter Editor:

Every attempt will be made to include all articles as they are submitted, and in their entirety, in the newsletter. However, due to space constraints, this may not always be possible. If you do not want your article edited in any way, shape or form (even if typos and/or grammatical errors are apparent) please make a note of that when the article is sent.