

Slow Spokes Spokin' Times



P.O. Box 792, Sterling Heights, MI 48311-0792

HOTLINE: (810) 819-0187

WEBSITE: www.lmb.ora/clubs/spokes.htm

President, Tom Miller	810-573-4754	Vice President, Kathy George	810-463-6058
Treasurer, Annette Smith	248-652-2278	Secretary, Mary Miller	810-573-4754
Ride Chairperson, Kathy George	810-463-6058	Membership, Patrick Mullin	248-656-2187
Newsletter, Diana Moore	248-549-0354	P.O.A.R., Rose Marie Jacobs	810-779-4780
LMB Region 1 Director, Michael F. Sproul	810-445-2868	Marie Clifford	810-463-6647
		Sunshine Liaison, Aloys Turck	248-362-4031

ANNOUNCEMENTS

Next newsletter deadline: Please send any rides/walks you are planning to lead in the month of JULY to:

Kathy George
18822 Woods Dr. W.
Clinton Twp., MI

By 06/10/01

Other articles please send to:

Diana Moore
3016 Starr Rd
Royal Oak, MI 48073-2228
e-mail :

Dynamo930@prodigy.net

By 06/15/01

HAMS NEEDED FOR PEACH OF A RIDE

As in the past we will again be asking the assistance of the L'anse Creuse Amateur Radio Club for communications for the 2001 Peach of a Ride on Sunday, September 9th. If you are a licensed amateur radio operator and would like to assist us, we can use your help. It is not necessary for you to be a member of the L'anse Creuse Amateur Radio Club. If you would like to help, please contact Bob George (KB8QYJ) at 810-463-6058 or Don Windhorst (N8KNS) at 810-978-0184.

UPCOMING MEETINGS

Club meetings are held the first Friday of the month at the Owen Jax Activities Center in Warren at 8:00 p.m. The center is located on 9 Mile just east of Van Dyke. Refreshments follow the meeting.

The June meeting will be Friday, June 1, 2001

The July meeting will be Friday, July 6, 2001

PEACH OF A RIDE MEETING

WHEN: Wednesday, June 20, 2001

TIME: 7:30 P.M.

WHERE: The Taylor Residence
206 Country Club Dr.
St. Clair Shores, MI
(810) 285-9940

All team leaders, chairpersons and anyone interested in improving our P.O.A.R. are cordially invited to attend this meeting.

On the agenda, ways to enhance and sharpen up our P.O.A.R. so that our riders will want to come back and do our ride again and again.

Your presence at this meeting is very important in order to show support for our big fundraiser of the year.

May we see you there?

JUNE 2001 RIDE SCHEDULE

For all rides, call the ride leader if the weather is questionable.

The time listed is the start of the ride. Please make restroom stops before the ride is ready to leave. Allow 15 minutes before the starting time to get you and your bike ready to go.

If you are looking for slower or shorter rides, call Kathy at 810-463-6058 (leave message) even if a shorter ride is not noted.

Saturday June 2 **CHECK THE HOTLINE AT 810-819-0187**

Sunday June 3 **FARM LAKE TOUR MONROE**

20, 31, 62 miles \$ 20.00

Call 313-593-4886 for information between 6 and 8 PM

Sunday June 3 **ECO RIDE ANN ARBOR**

\$20. Call 734-761-3186 ext. 105 for information

Sunday June 3 **CHRYSLER CANADA GREENWAY** **10:30 AM**

Meet at the community entrance to the Chrysler Greenway in Harrow, Ontario.

Take the Ambassador Bridge to Canada. Continue south on Huron Church to Highway 3.

Continue on Highway 3 to Walker Rd. Go south (right turn) on Walker Rd. (Highway 11) to Harrow.

As you enter the small town of Harrow, look for the community entrance to the Greenway on the east side(left) of the street. We will ride the Greenway, which has a crushed limestone surface

(similar to Paint Creek) to Ruthven where we will stop for lunch. Bring or buy at Colasantils Tropical Gardens. Lunch is cafeteria style. Time for shopping. The fastest group will ride to lunch on the

trail and return on paved roads(possibly longer). Round trip mileage on the trail is 28 miles. If you

are not up to the 28 miles, you can stop at other places along the trail-it is IMPOSSIBLE TO GET

LOST ON THIS TRAIL. At the end of the ride there will be an optional hike at a private bird sanctuary

nearby. The fee for the bird sanctuary is \$5.00 Canadian. Harrow is less than an hour from the bridge.

Leaders: Bob and Kathy George 810-463-6058

Wednesday June 6 **GROSSE POINTE MORNING RIDE** **10:30 AM**

Meet at the Grosse Pointe Municipal Building at 20025 Mack Ave. between Moro5s and Vernier, on the West side of Mack. Park at the north side of the parking lot. Lunch during the ride, probably at Jump's

Restaurant on the Hill. At least 25 miles, including "snickelways".

Leaders: Pat and Shirley Mullin 248-656-2187

Wednesday June 6 **WEDNESDAY WRAMBLE WRIDE** **6:30 PM**

Meet at the Northeast corner of Long Lake (18 Mile) and Livernois. Choose a faster or slower ride thru Troy. Dinner stop after ride.

Ride leaders: Kay Hein 248-879-9165 and Marilyn Drellishak 248-375-2432

Saturday, June 9 **PEACH OF A RIDE "DIRT RIDE" IN REVERSE** **9:30 AM**

We will ride the 31 Mile POR dirt route starting in Memphis at the Municipal parking lot and will add approx.

4 miles to the route for a total of 35 miles on mostly flat terrain. We will do the long leg of the ride first.

Meet at Memphis Municipal parking lot. Take I-94 to M-19 through Richmond to Memphis. One block before the traffic light, turn right on Potter to the parking lot. There will be a comfort and snack stop in Armada before returning to Memphis.

Ride Leader: Alex Schneider 810-329-7245

Sunday June 10

LENNY MILLER'S

10:00 AM

Leave from the gravel parking area behind the Attica Township Hall. From I-69, Exit at 163 (Lake Pleasant Rd.). Go north about 1.5 miles to Peppermill Rd. (Just before RR Tracks) Left approx. @ mile to Township Hall. Purchase lunch at Lenny Miller's on the route. Ride is approx. 43 miles with some hills.
Ride Leader: Len Ziegenmeyer 810-724-8054

Sunday June 10

TOUR DE CURE 2001

Brighton Lake Recreation Area 1-800-TOUR \$ 25.00 fee pledges American Diabetes Assoc.

WEDNESDAY JUNE 13

GOODELLS RIDE

10:00 AM

Meet at the Memphis Municipal Parking Lot. Distance of 32 Miles. From Richmond, take M-19 to Memphis. The lot is on Potter, which is one block south of the traffic light. Bring snacks to eat at Goodells Community Center.
Ride Leader: Marie Clifford 810-463-6647

WEDNESDAY JUNE 13

WEDNESDAY WRAMBLE WRIDE

6:30 PM

Meet at the Northeast corner of Long Lake (18 Mile) and Livernois. Choose a faster or slower ride thru Troy. Dinner stop after ride.
Ride leaders: Kay Hein 248-879-9165 and Marilyn 248-375-2432

SATURDAY JUNE 16

FREEDOM HILL EARLY BIRD RIDE

7:30 AM

Meet at Freedom Hill Parking Lot on 16 Mile Rd, between Schoenherr and Utica Rd. We will try to average about 12 MPH. At the ½ way point we will take a 15 minute coffee break at McDonalds. 20 miles.
Ride Leader: Michael Ennis 810-792-7709 RIDE ON PATH.

SUNDAY JUNE 17

WARREN TO ROYAL OAK

7:30 AM

Meet at the Warren City Pool on Campbell north of I-696 between Van Dyke and Hoover. Restaurant stop at Bruegger's in Royal Oak. Ride early and spend the rest of Father's Day with family & friends.
Ride leader; Tom Miller 810-573-4754 31 miles-all flat terrain

Monday June 18

GROSSE POINTE MORNING RIDE

10:30 AM

Meet at the Grosse Pointe Municipal Building at 20025 Mack Ave., between Moross and Vernier, on the west side of Mack. Park at the north side of the parking lot. Lunch during the ride. 25 miles.
Ride Leaders: Pat & Shirley Mullin 248-656-2187

Wednesday June 20

WEDNESDAY WRAMBLE WRIDE

6:30 PM

Meet at the Northeast corner of Long Lake (18 MILE) and Livernois (near AAA). Choose a faster or slower Ride thru Troy. Distance 14 - 21 Miles. Dinner stop after the ride.
Ride Leaders: Marilyn Drellishak 248-375-2432 and Kay Hein 248-879-9165 (faster group)

Friday June 22

ROCHESTER HILLS MORNING RIDE

9:30AM

Join Shirley & Pat for a ride similar to the one they do for the Sunday Rochester rides. Meet at the NW corner of Adams Rd. and Walton Blvd., across from Oakland University and Meadowbrook. Enter parking lot near Boston Market and park by the mailboxes in the center of the lot facing NBD. Lunch at Boston Market after the ride.
Ride Leaders: Shirley & Pat Mullin @ 248-656-2187 (patshirleymullin@home.com)

Saturday June 23

METRO PARKWAY CLEAN UP AND GROUP RIDE

9:00 AM

The Slow Spokes will again be cleaning the litter from Metro Parkway between Moravian and Groesbeck. Orange vests will be provided. If you are not on the list, call Aloys and volunteer to join our dedicated group that is part of the ADOPT-A-ROAD PROGRAM. Meet at the Dairy Queen on the NW corner of Groesbeck and Metro Parkway. After the pick-up the group will ride to a near by restaurant for lunch, followed by a relaxing ride on the path.
Organizer and ride leader: Aloys Turck 246-362-4031

Sunday June 24

TROY CRANBROOK RIDE

9:00 AM

Meet at the west parking lot of TROY UNION SCHOOL, on Square Lake (19 mile) between John R. and Rochester Road. The distance will be 24 miles on rolling terrain (about 2 ½ hours). Bring a picnic lunch to eat at Mary's house after the ride. Drinks will be provided.

Ride Leader: Mary Stoolmiller 248-879-6004

Sunday Night June 24

MARY'S ICE CREAM RIDE

6:30 PM

Meet at the Warren City Pool on Campbell, North of I-696 between Van Dyke and Hoover.

A shorter, slower-paced ride (12 miles on flat terrain), perfect for those new to riding with a group.

Destination: a local ice cream store. All are welcome.

Ride leader: Mary Miller 810-573-4754

Wednesday June 27

GROSSE POINTE MORNING RIDE

10:30 AM

Meet at the Grosse Pointe Municipal Building at 20025 Mack Ave. between Moross and Vernier, on the west side of Mack. Park at the north side of the parking lot. Lunch during the ride. Distance: about 25 miles.

Ride Leaders: Pat & Shirley Mullin 248-656-2187

Wednesday June 27

WEDNESDAY WRAMBLE WRIDE

6:30 PM

Meet at the Northeast corner of Long Lake (18 mile) and Livernois (near AAA). Choose a faster or slower through Troy. Ride distance will be about 14 or 20 miles. Dinner stop after the ride.

Ride Leaders: Kay Hein (faster group) 248-879-9165 and Marilyn Drellishak 248-375-2432

Saturday, June 30

LOWER HURON METROPARKS RIDE

9:30 AM

Meet at the Lower Huron Metro park Tulip Tree picnic area, which is the second one on the right after you enter the park. Take I-94 west to the first exit past I-275, which is Haggerty Rd. (exit #189). Go South on Haggerty Rd to the entrance of Lower Huron Metro Park. Ride will be 26 miles on flat terrain on paved bike paths through three beautiful Metro parks. Bring a picnic lunch to eat in the park after the ride.

Ride Leader: Diana Moore (248) 549-0354

I will need some new ride leaders for the month of July and August because many of our regular leaders will be riding week-long bike rides around the state.

Please call Kathy George at 810-463-6058 to lead a ride in July or August.

SELF-CONTAINED BIKE CAMPING TRIP

I am planning a week-long self-contained bike camping trip from August 11th through the 17th. I plan to leave from my home, cross into Canada at Algonac, take the ferryboat from Kingsville, ON to Pelee Island. From Pelee Island I will take the ferryboat to Sandusky, OH. I will then ride home via Toledo. If anyone would like to join me, please let me know.

Bob George (810) 463-6058

Michigan Human Powered Vehicle Rally - June 23/24, 2001

Curious about how fast you could ride on a closed course? Are you a seasoned bicycle racer looking for a new challenge, or someone interested in starting to race? Inquisitive about bike building or truly innovative bicycle design? If you answer "yes" to any of these questions, consider attending the annual Michigan Human Powered Vehicle (HPV) Rally.

The Rally is sponsored by the Michigan Human Powered Vehicle Association (MI-IPVA), a group that concentrates on bicycle development and racing. Many of the @VA members build their own bikes (with an emphasis on recumbents) yet the organization is open to all cyclists.

A comment almost always made by new participants at the Rally is that they never knew bike racing could be so much fun and accessible, even for someone who may have never raced before. All Rally events are open to anyone with a bike, the only requirements being functional brakes for both wheels and two mirrors, one for the left and right sides. While there is a fee for participants, there is no charge for spectators.

The Rally will be held at the Waterford Sportsman's Club, a closed, trafficfree course located near Pontiac, Michigan. Events are planned for both June 23d and 24", with free overnight camping available on Saturday evening. For more information on both events, visit the MIIPVA website at WWW.LMB.ORG/MBPVA, send a stamped, self-addressed envelope to MHPVA, 533 Hawthorne, Grosse Pointe Woods, MI 48236, e-mail wkiehler@aol.com or call Wally Kiehler at 313/884-0109.

Slow Spokes Bicycle Club Ride Sheet

Day of Ride: _____ Date of Ride: _____

Name of Ride: _____

Ride Leader: _____ Phone No. _____

Starting Time: _____

For Assistant Ride Leader or Dual-Pace Ride: _____

Ride Leader: _____ Phone No. () _____

Starting Time: _____ Estimated Ride Time: _____

Distance: _____ miles. If dual paced, 2nd distance: _____ miles.

Terrain: _____

Ride Meeting Place: _____

Restaurant: _____

Special Features of the Ride: _____

PROCEDURE

1. Call Kathy George, (810) 463-6058 to schedule your ride date.
or mail this form to her at: 18822 Woods Dr. West, Clinton Twp., MI 48036
2. Mail this form to our newsletter editor, Diana Moore, 3016 Starr Rd.,
Royal Oak, MI 48073-2228, Phone: (248) 549-0354
3. This ride sheet must be received no later than the 10th of the month preceding the month of
your ride.

These fine Bicycle Stores offer "Spokes" members a discount on bicycle supplies. You must show your membership card when making a purchase using this discount

Adventure Cycle & Sport Lapeer 454 W. Nepeensing 810-664-1313	D & D Bicycles Berkley 4141 W. 12 Mile Rd. 248-547-0770 Northville 121 North Center 248-347-1511 Westland 8383 Middlebelt 313-522-9410
Allied Cycle Eastpointe 23101 Gratiot 810-772-3411	Fraser Schwinn Fraser 32064 Utica 810-294-4070 Clinton Twp. 42201 Garfield 810-412-0500
American Cycle & Fitness Walled Lake 39600 W. 14 Mile Rd. 248-960-1371 Royal Oak 1109 S. Washington 248-542-7182 Sterling Heights 2169 Metroparkway 810-979-7570 Grosse Pointe 20343 Mack Ave. 313-886-1968	Jerry's Bicycles of Birmingham Birmingham 33502 S. Woodward 248-645-2453
Anchor Bay Bicycle & Fitness New Baltimore 35214 23 Mile Rd. 810-725-2878	Macomb Schwinn Cyclery Warren 28411 Schoenherr 810-756-5400
Bicycle & Fitness Barn Port Huron 1604 Stone St. 810-987-2523	Prestige Cycles Clinton Twp. 36558 Moravian 810-792-4040
Continental Bike Shop Hazel Park 24436 John R 248-545-1255	

MEMBERSHIP APPLICATION

Name _____ Phone _____

Address _____

City/State _____ Zip _____

E-mail address _____

Check one please: New Membership Renewal

Please make your \$10.00 check payable to Slow Spokes.

Mail this application and your check to:

Slow Spokes, P.O. Box 792, Sterling Heights, MI 48311-0792



Slow Spokes Are Members of
League of American Bicyclists
League of Michigan Bicyclists

