



Slow Spokes Spokin' Times

HOTLINE: (810) 819-0187
WEBSITE: www.lmb.org/clubs/spokes.htm

P.O Box 792, Sterling Heights, MI 48311-0792



W

 President, Tom Miller
 810-573-4754

 Treasurer, Annette Smith
 248-652-2278

 Ride Chairperson, Kathy George
 810-463-6058

 Newsletter, Diana Moore
 248-549-0354

 LMB Region 1 Director, Michael F. Sproul
 810-445-2868

ANNOUNCEMENTS

 Vice President, Kathy George
 810-463-6058

 Secretary, Mary Miller
 810-573-4754

 Membership, Patrick Mullin
 248-656-2187

 P.O.A.R., Rose Marie Jacobs
 810-779-4780

 Marie Clifford
 810-463-6647

 Sunshine Liaison, Aloys Turck
 248-362-4031

2

send any rides/walks you are planning to lead in the month of April to:

Kathy George TONE
18822 Woods Dr. W.
Clinton Twp., MI
By 06/10/01

Next newsletter deadline: Please

Other articles please send to:
Diana Moore
3016 Starr Rd
Royal Oak, MI 48073-2228

Dynamo930@prodigy.net By 06/15/01

e-mail:

HAMS NEEDED FOR PEACH OF A RIDE

As in the past we will again be asking the assistance of the L'anse Creuse Amateur Radio Club for communications for the 2001 Peach of a Ride on Sunday, September 9th. If you are a licensed amateur radio operator and would like to assist us, we can use your help. It is not necessary for you to be a member of the L'anse Creuse Amateur Radio Club. If you would like to help, please contact Bob George (KB8QYJ) at 810-463-6058 or Don Windhorst (N8KNS) at 810-978-0184.

UPCOMING MEETINGS

Club meetings are held the first Friday of the month at the Owen Jax Activities Center in Warren at 8:00 p.m. The center is located on 9 Mile just east of Van Dyke. Refreshments follow the meeting. The MAY meeting will be Friday, May 4, 2001.

The June meeting will be Friday, June 1,2001

PEACH OF A RIDE MEETING

WHEN: Wednesday, May 23, 2001

TIME: 7:30 P.M.

WHERE: The Clifford Residence

59 Canfield Dr. Mt. Clemens, MI (810) 463-6647

All team leaders, chairpersons and anyone interested in improving our P.O.A.R. are cordially invited to attend this meeting.

On the agenda, ways to enhance and sharpen up our P.O.A.R. so that our riders will want to come back and do our ride again and again.

Your presence at this meeting is very important in order to show support for our big fundraiser of the year.

May we see you there?

May 2001 Ride Schedule

For all rides, call the ride leader if the weather is questionable.

The time listed is the start of the ride. Please make restroom stops before the ride is ready to leave. Allow 15 minutes before the starting time to get you and your bike ready to go.

If you are looking for slower or shorter rides, call Kathy at 810-463-6058 (leave message) even if a shorter ride is not noted.

SATURDAY MAY 5

STONY CREEK DIRT RIDE

10:00 AM

Meet at the Stony Creek boat launch parking lot. Ride on quiet country roads. The ride will be about 25 miles on dirt roads with some hills. Bring a lunch to have a picnic in the park after the ride. RIDE LEADER: Tom Paonessa 810-293-8624

SUNDAY MAY 6

METRO GRAND SPRING TOUR New Boston

7AM to 4 PM

Start and finish at Willow Metro Park. Paved routes from 25 to 62 miles. Day of ride fee is \$ 22.00. Pancake breakfast is included in cost of ride. Food stops with homemade cookies. SAG SUPPORT. For more information-call Petri Bike Shop at 313-381-2833.

REMINDER: CHECK SLOW SPOKES HOTLINE AT 810-819-0187

WEDNESDAY MAY 9

WEDNESDAY WRAMBLE WRIDE

6:30 PM

Meet at the Northeast corner of Long Lake (18 Mile) and Livernois (near AAA). Choose a faster or slower ride through Troy. Ride distance will be determined by the weather. Dinner or snack stop after the ride.

RIDE LEADERS: Kay Hein 248-879-9165

Marilyn Drellishak 248-375-2432

THURSDAY MAY 10

CRANBERRY CAFE

10:00AM

Leave from the Lapeer Meijers Parking lot. Take Lapeer Rd. (M-24) NORTH. Turn left at first traffic light north of 1-69 onto Baldwin Rd., then straight into Meijers Parking lot. From the East Side, take any route to 1-69 west to exit 155 (M-24) and then north (right) to first traffic light (Baldwin Rd.), left onto Baldwin Rd. and then straight into Meijers Parking Lot. Distance of 43 miles. Purchase lunch along the route.

RIDE LEADER: Len Ziegenmeyer 810-724-8054

FRIDAY MAY 11

ROCHESTER HILLS RIDE

10:00AM

Ride around nearby hilly neighborhoods in Rochester Hills. Meet at their condo at 1754 Thomas Ct.. Enter Streamwood Condominiums, north off Hamlin Rd., just east of Crooks Rd.(North of M-59).Lunch nearby after the ride. Call if weather is questionable. RIDE LEADERS:Shirley and Pat Mullin 248-656-2187

SATURDAY MAY 12

COUNTRY ROADS AND RIVER RIDE

10:00AM

Meet at the SW corner of Riverview Plaza in St. Clair. Take 1-94 east to the St. Clair exit, right into town, right on Clinton, left on Third to the Plaza. 38 miles, flat terrain. Snack/coffee in Algonac. Lunch stop at Murphy's after the ride.

RIDE LEADER: DICK BARRY 810-329-9331

SATURDAY MAY 12

MICHIGAN RECUMBENT RALLY

9AM to 3PM

Willow Metropark NO FEE 8-25-45-62 miles. Open to all cyclists. There will be displays, test rides and demos of recumbent bikes in sheltered area.

For more info: Call 734-487-9058

SUNDAY MAY13

TROY NEIGHBORHOOD RIDE

10:00AM

Meet at the Troy Union School on Square Lake Rd. (19 Mile) between John R and Rochester Rd. Ride will be 22 Miles, about two hours. Optional lunch stop after the ride.

RIDE LEADER: MARY STOOLMILLER 248-879-6004

SUNDAY MAY13

SPRING BACK 40 CHALLENGE CLARKSTON

Dirt road tour 17, 27, & 44 miles through the rolling hills of northern Oakland County. FEE For information call 248-625-7000 10-7 M-F, 12-4 Sat &Sun

WEDNESDAY MAY 16

WEDNESDAY WRAMBLE

6:30PM

Meet at the Northeast corner of Long Lake (18 Mile) and Livernois (near AAA). Choose a faster or slower ride through Troy. Ride distance will be determined by the weather. Dinner or snack stop after the ride.

RIDE LEADERS: Kay Hein 248-879-9165

Marilyn Drellishak 248-375-2432

SATURDAY AND SUNDAY MAY 19 & 20 WEEKEND BIKE CAMPING TRIP

Leave from George's house at 18822 Woods Dr. Clinton Township 10:30 AM. Ride to Algonac State Park, carrying our own gear Saturday. Will stop at the park in New Baltimore for a picnic lunch (bring, buy, or cook). Distance to Algonac is 35-40 miles. On Sunday, we will join the Slow Spokes ride on Harsen's Island. Will then ride back to Clinton Township with a restaurant lunch stop along the way. Sunday distance is 60 miles. Want a shorter trip? Meet the riders in New Baltimore or anywhere else along the route. The pace will be consistent with the group that comes.

Please CALL if you are doing this CAMPING TRIP.

LEADER: BOB GEORGE 810-463-6058

SATURDAY AND SUNDAY MAY 19-20

WOLVERINE 200

Belle Isle 24 hour bicycle marathon on scenic Belle Isle. No cars – free overnight camping. For more information call 248-594-6301

SUNDAY MAY 20

HARSEN'S ISLAND

10:30AM

The Slow Spokes ride will be 20 or 25 miles around the island. Small groups will form based on your preference for speed &mileage. This is a good ride for new riders. I will ride with the slowest riders-no one will be left behind. Restaurant stop after the ride.

RIDE ORGANIZER: Kathy George 810-463-6058

SUNDAY MAY 20

FAHRRAD TOUR IN FRANKENMUTH

Tour through and around the beautiful community of Frankemuth, 25,50,100K. For more information call 1-800-fun-town

MONDAY MAY 21

GROSSE POINTE MORNING RIDE

10:30AM

Meet at the Grosse Pointe Municipal Building at 20025 Mack Ave, between Moross and Vernier, on the West side of Mack. Park at the north side of the parking lot. Lunch during the ride. If weather is questionable, we may not take the long drive into GP. Call before 9:30AM. RIDE LEADERS: Pat & Shirley Mullin 248-656-2187

WEDNESDAY MAY 23

WEDNESDAY WRAMBLE WRIDE

6:30PM

Meet at the Northeast corner of Long Lake (18 Mile) and Livernois (near AAA). Choose a faster or slower ride through Troy. Ride distance will be determined by the weather. Dinner or snack stop after the ride.

RIDE LEADERS: Kay Hein 248-879-9165

Marilyn Drellishak 248-375-2432

NEW - THURSDAY - MAY 24 METRO PARKWAY CLEAN UP AND GROUP RIDE 9:00AM 24 members of the Slow Spokes will be cleaning the litter from Metro Parkway between Moravian and Groesbeck. Orange vests will be provided. Call to help this dedicated group of volunteers that will be part of the ADOPT-A-ROAD PROGRAM. Meet at the Dairy Queen on the NW corner of Groesbeck and Metro Parkway. At 11:00 the group will ride to a nearby restaurant for lunch. Bike ride following lunch. ORGANIZER: Aloys Turck 246-362-4031

BIKE FEAST 2001

Bike Feast brings metropolitan Detroit Bicycle Club together to meet, socialize, and have a little fun.

This year's event was well attended by the Slow Spokes, who took second place overall in the various competitions. Some of the events were: How many T-shirts can you put on in 30 seconds, guess how many ball bearings in the jar, how fast can you change a tire, and several others.

The Slow Spokes' Cheerleading team finished a strong second, being edged out by Sisters Cycling. The Cheer was written and directed by Mary Miller, Marie Clifford, and Aloys Turck.

Prestige Cycle's fashion show was a hit, introducing us to the latest styles in bicycling clothing and accessories.

Aloys Turck was the Grand Prizewinner, winning a fully paid admission to the 2001 Bow Tie Ride.

An excellent dinner was put on by all that attended, bringing their favorite dishes to pass.

Many thanks to the Clinton River Riders who hosted this year's event.

These fine Bicycle Stores offer "Spokes" members a discount on bicycle supplies. You must show your membership card when making a purchase using this discount

Adventure Cycle & Sport Lapeer

454 W. Nepessing 810-664-1313

Allied Cycle Eastpointe 23101 Gratiot 810-772-3411

American Cycle & Fitness Walled Lake 39600 W. 14 Mile Rd. 248-960-1371

Royal Oak

1109 S. Washington 248-542-7182

Sterling Heights 2169 Metroparkway 810-979-7570 Grosse Pointe

20343 Mack Ave. 313-886-1968

Anchor Bay Bicycle & Fitness New Baltimore 35214 23 Mile Rd. 810-725-2878

Bicycle & Fitness Barn Port Huron 1604 Stone St. 810-987-2523

Continental Bike Shop Hazel Park 24436 John R 248-545-1255 D & D Bicycles
Berkley
4141 W. 12 Mile Rd.
248-547-0770
Northville
121 North Center

248-347-1511 **Westland** 8383 Middlebelt 313-522-9410

Fraser Schwinn
Fraser
32064 Utica
810-294-4070
Clinton Twp.
42201 Garfield
810-412-0500

Jerry's Bicycles of Birmingham Birmingham 33502 S. Woodward 248-645-2453

Macomb Schwinn Cyclery Warren 28411 Schoenherr 810-756-5400

Prestige Cycles Clinton Twp. 36558 Moravian 810-792-4040

MEMBERSHIP APPLICATION

Name	Phone
Address	
City/State	Zip
E-mail address	
Check one please: New Membership	Renewal

Please make your \$10.00 check payable to Slow Spokes.

Mail this application and your check to:
Slow Spokes, P.O. Box 792, Sterling Heights, MI 48311-0792



Slow Spokes Are Members of American Bicyclists League of Michigan Bicyclists

