



Slow Spokin' Times

Dec '02/Jan '03

A Happy and Peaceful Holiday to All

President: Paul Wilhelm
Vice President: Mary Stoolmiller
Treasurer: Carol Blanchard
Secretary: Terry Taylor
Newsletter Editor: Kay Sheere

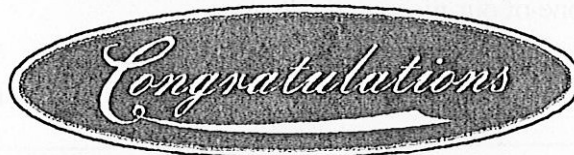
Membership: Ron Phifer
Ride co-ordinator: Mary Stoolmiller
POR Co-Chair: Mary Kaisborski
Sunshine Liaison: Aloys Turck

Check our website: www.lmb.org/clubs/spokes.htm or Hotline: 586-819-0187

Potpourri

The December meeting will be held at 7:30 P.M. on Friday, December 6, 2002 at the Owen-Jax Activities Center, 9 Mile Road east of Van Dyke. Refreshments will be served.

- **Ride information:** Send information for rides/walks for the February/March Spokin' Times to Mary Stoolmiller, 6143 Walker, Troy, MI 48085, by January 10, 2003. (248) 879-6004.
- **Newsletter information:** Send any articles or information you want published in the February/March Spokin' Times to Kay Sheere, 11318 Jacqueline, Sterling Heights, 48313 by January 15, 2003 (586) 939-9817. Email address ktmc1014@alabove.net



Congratulations to all our new officers for 2003. We thank you for running and know you will do a great job in the coming year.

A Thought

By member Rose Marie Jacobs

*How many observe Christ's birthday!
How few, his precepts!
O! 'tis easier to keep holidays than commandments.*

Benjamin Franklin

A NOTE FROM MARIE

After entering the needed data regarding this year's POR riders I sought Jack Vanders' help in merging the file with the file of prior years' riders. He sent the files back to me in four different formats. I was very grateful to him and asked if I owed him anything. He said a mention of his web site in our newsletter would be sufficient. So here it is: www.jvanders.com. Visit the site. It is fun and informative.

Marie Clifford

MARK YOUR CALENDAR!!!

Fred Meinberg is planning a ride in Niagara on the Lake, Ontario, Canada, tentatively scheduled for the week of June 15, 2003. We will visit several wineries along the route, and ride along the beautiful Niagara River to our very nice B&B in Niagara on the Lake, which is located next door to Niagara Falls. It is a 5 hour drive from our area. There will be several routes available to choose from, each of these routes a different distance. Each rider will be responsible for making their own room reservations. More details will appear in subsequent Slow Spokin' Times. If you have any questions, call Fred at (248) 651-6714.

Miles for 2002

This year we are going to recognize anyone in the club that has ridden more than 1000 miles for the year 2002. You can send your name and miles to Tom Paonessa at 32809 Beachwood, Warren, Mi. 48093, email – tomels@comcast.net or phone at 586-293-8624.

So if you are close to 1000, you still have time to get those last few miles in before Dec. 31st. Just bundle up and ride on one of our nice sunny days.

This information will be published in the Feb./Mar. issue of the "Slow Spokin' Times".

Club Jacket's

Anyone that has purchased a new screaming yellow jacket in the year 2002 and would like it embroidered and your name put on them, bring them to the January or February 2003 meeting. The cost will be approx. \$10.00 for both the logo and the name, the price may increase since the last batch was done last year. Any further questions can be answered by Rita Zupan 586-264-0712 or email rzupan@tir.com

COMING EVENTS

PLEASE BE SURE TO CALL THE LEADER OF THE ACTIVITY IN CASE OF QUESTIONABLE WEATHER!!!

Sunday, December 1, 2002, and all Sundays during the winter months:

Hike/Bike/Ski. Activity to be determined by the weather.

Meeting Place: Stony Creek Park boat launch area for biking or hiking. Meet at the Golf Course Clubhouse for X-Country skiing.

Starting time: 12 Noon

Coordinator: Tom Paonessa (586) 293-8624.

Saturday, December 7, 2002, Walk Metro Parkway 11:00 AM

Leader: John Engelgau (586) 783-1525

Meeting Place: McDonald's – Metro Parkway and Crocker (East of I-94) Distance: 4-5 miles

Lunch afterward at Big Apple Bagel.

Saturday, December 14, 2002, Walk in Mt. Clemens 10:30 AM

Leader: Delores Baumgarten (586) 949-2115

Meeting Place: Public Library at 150 Cass Ave. between Gratiot and Groesbeck (across from Mt. Clemens High School). Distance 4-5 miles. Lunch afterward.

Saturday, December 28, 2002, Walk Pleasant Ridge 10:00 AM

Leaders: Tom and Mary Miller (586) 573-4754

Meeting Place: Pleasant Ridge Community Center (1 block S of 696, 1 block W of Woodward).
Lunch afterward.

HAPPY NEW YEAR!!!

Wednesday, January 1, 2003, New Year's Day Ride 10:00 AM

Leader(s) : Alex Schneider (810) 329-7245 and Mike Ziegler (810) 359-7461

Meeting Place: Ehardt Drug Store across from Wimpy's Restaurant in Lexington

Take I-94 to M-25 to Lexington. Turn right at the traffic light. Turn left into the Ehardt Drug Store parking lot.

Starting time: 10:00 a.m. Distance: 12 miles Pace: TBD

Lunch: Optional after the ride.

Saturday, January 11, 2003, Neighborhood Walk 11:00 AM

Leader: Rita Zupan (586) 264-0712

Meeting Place: St. Malachy Church on 14 Mile Rd between Schoenherr & Hayes. Lunch after the walk. Distance: 4 miles



Don't forget to check the hot line for any impromptu rides.

Contact Tom Paonessa 586 293 8624 to have your activity listed on the hotline



Join us at the
Slow Spokes Bicycle Club
Christmas Dinner

Sunday, December 8th, 2002

Dimitris Rendezvous
36217 Gratiot, Clinton Twp.
(South of Metro Parkway (16 Mile) on West Side of Gratiot)
586-792-2200

Arrival 4:00 pm

Dinner 4:30 pm

Dinner Menu

Sit down family style dinner consists of:

Two Entrees, Relish Tray, Soup, Pasta, Mixed Tossed Salad, Potatoes,
Vegetable and Dessert

Beverages:

Coffee, Tea, Milk

\$17.00 Per Person

Members and Non-Members Welcome
(Pay in Advance, Price Includes Tax and Tip)

Make Checks Payable to:

Fred Hamann

And Mail to:

14640 Bade Dr.

Warren, MI 48088

Checks and Reservations must be received by Nov. 29th, 2002



Get ready for the season by visiting your favorite bike shop!

These bicycle stores offer a discount on equipment and accessories. You must show your Slow Spokes membership card when making a purchase to receive the discount.

Adventure Cycle & Sport	454 West Nepessing Lapeer, MI 48446-2150	(810) 664-1313
Allied Cycle	23101 Gratiot, Eastpointe, MI 48021-1628	(586) 772-3411
American Cycle and Fitness	1109 S. Washington Royal Oak, MI, 48067-3219	(248) 542-7182
American Cycle and Fitness	20343 Mack Avenue, Grosse Pointe, MI 48236- 1717	(313) 886-1968
American Cycle and Fitness	2169 Metropolitan Pkwy., Sterling Heights, MI 48310	(586) 979-7570
American Cycle and Fitness	39600 West 14 Mile Road Walled Lake, MI 48390-3909	(248) 960-1371
Anchor Bay Bicycle & Fitness	35214 23 Mile Road, New Baltimore, MI 48047- 3650	(586) 725 2878
Bicycle and Fitness Barn	1604 Stone Street, Port Huron, MI 48060-3344	(810) 987-2523
Continental Bike Shop	24426 John R., Hazel Park, MI 48030-1	(248) 545-1225 14
D & D Bicycles	121 North Center Northville, MI 41867-1413	(248) 347-1511
D & D Bicycles	4141 West 12 Mile Road Berkley, MI 48072-1121	(248) 547-0770
D & D Bicycles	8383 Middlebelt Westland, MI 48185-18 10	(313) 552-9410
Fraser Bicycle and Fitness	32064 Utica Road, Fraser, MI 48026-2207	(586) 294-4070
Macomb Schwinn Cyclery	28411 Schoenherr, Warren, MI 48088-6300	(586) 756-5400
Paul's Bike Depot	28057 Gratiot, Roseville, MI 48066	(586) 776-9165
Prestige Cycles	36558 Moravian, Clinton Township, MI 48035-1202	(586) 7924040

Slow Spokes Membership Application

Date _____

Name _____ Phone _____

Address _____ E-mail _____

City/State _____ Zip _____

Check one please.

New membership _____

Renewal _____

Please make your \$ 10.00 check payable to Slow Spokes.
Mail this application and your check to:
Slow Spokes, P.O. Box 792, Sterling Heights, MI 48311-0792