



Slow Spokin' Times

November, 2004

President: Paul Wilhelm
Vice President: Jim Walter
Treasurer: Carol Blanchard
Secretary: Mary Miller
Newsletter Editor: Bob Barron
Newsletter Distributor: Rita Zupan

Membership: Glen Kielbowicz
POR Co-Chair: Minnie Szatkowski
POR Co-Chair: Concetta Pellerito
Ride Coordinator: Jim Walter
Sunshine Liaison: Aloys Turck

Check our website: www.lmb.org/spokes.

The Hotline has been disconnected.

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- The September meeting will be held at 7:30 P.M. on Friday, November 5, 2004, at 7:30 P.M., at the Owen-Jax Activities Center, 9 Mile Road east of Van Dyke. Refreshments will be served.
 - Ride information: Send information for rides/walks for the December Spokin' Times to Jim Walter at 6870 Emerald Shores, Troy, 48085 or E-Mail address: Jim.Walter@Comcast.Net by November 10, 2004
 - Newsletter information: Send any articles or information you want published in the December Spokin' Times to Bob Barron, 11904 Daisy Ct., Sterling Heights, 48313 by November 15, 2004 (586) 803-0609. E-Mail address Garrity56@SBCGlobal.Net
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*A THOUGHT.....
The Bicycle ride..... is wind,
it is a world of color`
to rush over and by and below,
it is a world of friction yet freedom.
Bill Strickland
Submitted by R.M.J.*

*TO: All kitchen personnel for the Peach of a Ride
This was my first year in taking over the chair position for the kitchen.
I certainly received a great deal of help from the fine people who
volunteered to help put on a super lunch for all of our tired riders,
as they returned from doing their miles.
Sincere thanks to all who worked in the kitchen
All of you did a super job and your certainly welcome back next year.
Bill Szymanski*

Pizza at November Meeting

To celebrate(or commiserate) a new President of the US, or maybe because we no longer have to listen to those!@**political ads on radio or TV, or because it's November 5th, or any other reason you can think of or for no reason at all, we will have pizza, salad & pop/coffee at the November general membership meeting. Come hungry.

Hotline Discontinued

Due to lack of use the Slow Spokes Hotline has been discontinued. Ride & general club information can be obtained from the Slow Spokin' Times Newsletter and from the club website (www.lmb.org/spokes) Additionally, Paul Wilhelm is keeping a list of current email address (for those of you who have provided your email address with your most recent renewal) and will use it to email information on impromptu rides & other info of interest. Please call him at 586-247-6397 or email at jpwilhelm@hotmail.com with anything you want broadcast emailed to club members. If your email address changes, make sure to let Paul know.

Officer Elections

November is elections month for the Club, when the officers for the coming year are chosen. Mary Stoolmiller, election committee, has secured nominations for each office as follows:

President:	Paul Wilhelm (incumbent)
VP & Ride Chair:	Jim Walter (incumbent)
Secretary:	Kathy George
Treasurer:	Carol Blanchard (incumbent)
Membership Chair:	Lennie Raines

Club Donation Policy to be Defined

Tom Miller and Glen Kielbowicz have been appointed to a committee to study and recommend a By-laws amendment defining a contribution policy for the club. As always, your input is solicited. Contact Tom at 586-573-4754 (email tomm@comcast.net) or Glen at 586-751-6811 (email gkielbowicz@hotmail.com) with your thoughts.

Bob Barron, Newsletter Editor, Retires

Bob Barron, newsletter editor is stepping down due to other person commitments. The November issue will be his last. We want to thank Bob for the fine job he has done for more than a year-we'll miss your editorial and computer skills. If anyone is interested in this exciting project (it takes about two to four hrs. a month), please contact Paul at 586-247-6397 (email jpwilhelm@hotmail.com).

For Sale!
**2 used bikes in excellent
condition.**

- 1. Giant Brand, hybrid; can be used on the road or on dirt. Comes with a rear carrier, odometer, side mirror. A \$500.00 value for \$175.00.**
- 2. Hampton cruiser: a comfort bike, Made for riding around town and leisure activity. Like new. \$275.00 value for \$125.00.**

**For more information or to try them,
Please phone: Sharon: 586-725-2965.**

Rides for November 2004

November ride conditions

Since the weather in November can be questionable, please check with the ride leader on any date that the weather is questionable. Some ride leaders may not lead their rides if the weather is very cold or rainy. Also, please check the web site for any impromptu rides. If we have warm weather, and no rides scheduled, there may be an impromptu ride posted.

Sunday, November 7, 2004, 11:00 am St. Clair Shores to Windmill Pointe

Leader: Tom Miller (586) 573-4754. Terrain flat. Meet at Lakeshore Village Shopping Center. Northeast corner of Jefferson and Marter. (approx. 1/4 mi. south of 9 Mile.) Restaurant stop at Bruegger's midway in the ride.

Saturday, November 13, 2004, 10:30 am Richmond to Berville

Leader: Alex Schneider (810) 329-7245. Distance 33 miles, terrain mostly flat with some hills. Optional stop after ride at Burger King. Meet at M19 and Gratiot in parking lot near Burger King.

Impromptu Rides

If we get some warm days in November, and someone would like to lead an impromptu ride, please contact Paul Wilhelm (586) 247-6397 email jpwilhelm@hotmail.com or Jim Walter (248) 879-2405 email jim.walter@comcast.net . Paul will send out an email to all members with an email address, and Jim will post it on the web site.

Dear Slow Spokes of Macomb:

Thank you for your participation in the 12th annual "Celebration of Cycling Ride" sponsored by Programs to Educate All Cyclists. This ride raised funds to help people with disabilities become cyclists. You may have seen many of our participants out enjoying the bike ride with you, and hopefully you had an opportunity to speak to some of our participants or their families.

Our club challenge had more interest than ever before! Southeast Michigan bicycle clubs showed more support than ever, and clubs rode more than 9,000 miles total!

The winner for most miles was Ann Arbor Bicycle Touring Society with 2,341 miles!

The winner for highest percentage of club participation is the Downriver Cycling Club with 38 out of 162 club members participating, or 23.4%!

So, for miles

1. Ann Arbor Bicycle Touring Society: 2,341
2. Wolverine Sports Club: 2,207
3. Downriver Cycling Club: 1,805
4. Slow Spokes of Macomb: 1,422

Percentage of Membership:

1. Downriver Cycling Club: 23.4%
2. Slow Spokes Bicycle Club: 17.5%
3. Wolverine Sports Club: 14%

Thanks to everybody who came out to our ride! We had so much fun putting on the ride, and we hope that you enjoyed it. As always, we welcome suggestions on how to improve the Celebration of Cycling, and we hope to see you back next year.

If you have any questions or comments about the ride or programs, please call 734 674-6725.

Sincerely, John P. Waterman
Director

Visit your favorite bike shop!!

The following bicycle stores offer a discount on equipment & accessories. You must show your Slow Spokes membership card when making a purchase to receive the discount.

Allied Cycle	23101 Gratiot, Eastpointe, Mi 48021	586-772-3411
American Cycle & Fitness	1109 S. Washington Royal Oak, Mi. 48067	248-542-7182
American Cycle & Fitness	2169 Metropolitan Pkwy., Sterling Hghts, Mi 48310	586-979-7570
Anchor Bay Bicycle & Fitness	35214 23 Mile Rd., New Baltimore, Mi. 48047	586-725-2878
Bicycle & Fitness Barn	1604 Stone Street, Port Huron, Mi. 48060	810-987-2523
Bike Tech	18401 E. Warren, Detroit, Mi. 48236	313-884-2453
Continental Bike Shop	24426 John R., Hazel Park, Mi. 48030	248-545-1225
D & D Bicycles	4141 West 12 Mile Rd., Berkley, Mi. 48072	248-547-0770
Fraser Bicycle & Fitness	34501 Utica Rd., Fraser, Mi. 48026	586-294-4070
Macomb Bike & Fitness	28411 Schoenherr, Warren, Mi. 48088	586-756-5400
Main Street Bicycles	11 S. Washington, Oxford, Mi. 48371	248-236-9100
Main Street Bicycles	56732 Van Dyke, Shelby, Mi. 48316	586-677-7755
Paul's Bike Depot	28057 Gratiot, Roseville, Mi. 48066	586-776-9165
Pointe Cycle & Fitness	20343 Mack Ave., Grosse Pointe Wds, Mi. 48236	313-886-1968
Prestige Cycles	36558 Moravian, Clinton Township, Mi. 48035	586-792-4040
<u>Scarlett's Bike & Fitness</u>	<u>203 North Perry Street, Pontiac, Mi. 48342</u>	<u>248-333-7843</u>

Slow Spokes Membership Application

Date _____ New Member _____ Renewal _____
Name _____ Phone# _____
Address _____ Email _____
City/State _____ Zip _____

Please make your \$10.00 check payable to Slow Spokes
Mail this application & your check to:
Slow Spokes, P. O. Box 792, Sterling Heights, Mi. 48311-0792