



# Slow Spokin' Times

September 2004

President: Paul Wilhelm  
Vice President: Jim Walter  
Treasurer: Carol Blanchard  
Secretary: Mary Miller  
Newsletter Editor: Bob Barron  
Newsletter Distributor: Rita Zupan

Membership: Glen Kielbowicz  
POR Co-Chair: Minnie Szatkowski  
POR Co-Chair: Concetta Pellerito  
Ride Coordinator: Jim Walter  
Sunshine Liaison: Aloys Turck

Check our website: [www.lmb.org/spokes](http://www.lmb.org/spokes) or Hotline: 586-819-0187

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- **The September meeting will be held at 7:30 P.M. on Friday, September 10, 2004, at 7:30 P.M., at the Owen-Jax Activities Center, 9 Mile Road east of Van Dyke. Refreshments will be served.**
- **Ride information:** Send information for rides/walks for the October Spokin' Times to Jim Walter at 6870 Emerald Shores, Troy, 48085 or E-Mail address: [Jim.Walter@Comcast.Net](mailto:Jim.Walter@Comcast.Net) by September 10, 2004
- **Newsletter information:** Send any articles or information you want published in the October Spokin' Times to Bob Barron, 11904 Daisy Ct., Sterling Heights, 48313 by September 15, 2003 (586) 803-0609. E-Mail address [Garrity56@SBCGlobal.Net](mailto:Garrity56@SBCGlobal.Net)

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## MEETING CHANGED TO SEPT. 10

The September General meeting of the Slow Spokes Bicycle Club has been changed from the first Friday (Sept. 3, 2004) to the second Friday (Sept. 10, 2004). This was done to avoid any conflict with the Labor Day weekend as well as to schedule the meeting for the Friday immediately prior to the Peach of a Ride. Please mark your calendars accordingly.

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### Hi fellow Slow Spokes

It's time to start making those great cookies the Riders love so well. Please make your favorite batch of cookies. You can bring them to the September 10, 04 meeting. If you are not able to make the meeting you may call one of the following members to make arrangements to drop them off at their home.

Rosemarie Jacobs  
586-779-4780

Fred & Wilma Hamann  
586-773-4423

Thank you in advance

Sue Windhorst  
586-978-0184

Hilda Lamont  
586-757-4522

The Cookie Monster;

Sue Winhorst

BIKE FEAST MEETING - Friday, Sept. 17th

6:30 p.m.

Evelyns' Home

28105 Rosebriar - S.C.S.

586 778-8397

Hope to see all chairpeople involved in the bike feast at this meeting. Need to discuss some pertinent issues, especially what will be written in the L.M.B. calendar about the 2005 Bike Feast.

Delicious goodies will be on the menu.

Evelyn has never disappointed us in that department.

May we see you there???

R.M.J.

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Fellow Slow Spokes ---- Please Take Note

CELEBRATION OF CYCLING RIDE - Saturday, Sept. 18, 2004 Ride takes place at Warrendale Park, Hines Dr., Dearborn Hghts, Mi. This ride benefits the PEAC Cycling Program (formerly, The Arc Cycling Program) which assists and trains persons with disabilities to become competent cyclists. Ride mileage 12-24-35-50-75 and 100 miles. Fee: \$18.00 before 9/3/04 -- after 9/3- \$26.00 Each and everyone of us should participate in this special ride that helps such a great cause. Starting time - your choice or -- The Slow Spokes will start the ride as a group at 9:00 a.m. You can continue with the group, or go at your own pace after the mass start. Applications will be available at the S.S. August 6<sup>th</sup> meeting, or you can contact - Rose Marie Jacobs (586) 779-4780 [Mackinacrose@msn.com](mailto:Mackinacrose@msn.com) Let's show those other clubs that we can win the club challenge again this year, with the most members participating. And .... if we all eat our Wheaties, we can win the most miles ridden by our members. Let's just do it.

R. M. J.

**Stratford Ontario Trip**

September 23,24,25,26 members can join us in Stratford Ontario for theatre and cycling fun. Call 1-800-463-3581 for rooms at Festival Inn (their cottages are best suited for bikes). Call 1800567-1600 to receive free Festival Guide and to order theatre tickets .

There will be no scheduled ride on Thursday the 23rd. as the drive is three hours and matinee starts at 2:00 p.m.. Friday will be a 22 mile ride to Tavistock for breakfast. Saturday we ride to picturesque St.Mary's returning for 2:00 curtain. Sunday a slow meander up and down the streets of Stratford, old homes, gardens, art in the park, swans on the Avon. Perhaps a jug of wine a loaf of bread and each others company!

Any questions or concerns call Larry Canyock 586-739-2882.

**Ride Leaders:**

We need more people to volunteer as ride leaders. If you would like to lead a ride, please call Jim Walter at (248) 879-2405 to coordinate what dates are available. We wish to avoid calling you unless we know you have an interest in leading a ride. But we need more people to volunteer in order to have a fuller calendar. Please Note: Over the first several days of the month, the next month's calendar is being published to the web site, so you can see what rides are scheduled and what dates are open. This is intended to give you an idea of how many dates still need to be filled. On around the 12th of the month, it becomes the ride list that will be published in the newsletter.

**Rides for September 2004****Wednesday, September 1, 2004, 6:00 pm Wednesday Wramble**

Leader: Bob Bruce (248) 641-5139, distance 18-22 miles, pace 13-15, terrain flat to rolling. Dual paced ride. Kathy George will lead a slower, shorter ride. Meet at NE corner of Livernois and Long Lake. Park next to AAA office, facing Long Lake. Optional restaurant stop after ride.

**Saturday, September 4, 2004, 10:00 am Lexington Lakeshore Ride**

Leader: Paul Wilhelm (586) 247-6397, distance 45+ miles, pace 12-14, terrain mostly flat with a few moderate grades. Meet in Lexington in the parking lot at the foot of Simons Street. Take I-94 to M-25 to Lexington. One block past the light, turn right on Simons Street. Ride through the villages/towns of Port Sanilac, Forester, Carsonville, Applegate, and the "Be Good to Your Mother-in-law" swinging bridge in Crosswell. Optional restaurant stop after ride.

**Sunday, September 5, 2004, 10:00 am Off the beaten path in NW Detroit and Suburbs**

Leader: Phil LaRonge (586) 758-0416, distance about 40 miles, pace 12-14, terrain mostly flat but with short steep hills in unexpected places. Meet behind Fitzgerald High School on Bart St. and Ryan Rd. in Warren. 1 block north of 9 mile on the southeast corner. Park behind school auditorium on Bart. A ride through northwest Detroit and adjoining suburbs. Points of interest include the fine residential areas along W. Outer Drive, the historic Brightmoor and Old Redford sections of Detroit, and a ride through the remote, little-known residential areas along the rolling banks of the Rouge River that I discovered over 40 years ago as a kid moseying around on my old Evans cruiser. We'll also go through some of the nicer parts of Southfield, Huntington Woods, and other north area communities. A pleasant and interesting time is guaranteed for all on Labor Day weekend! No ride if it rains. Restaurant stop - Taco Bell on 8 Mile near Berg Rd.

**Wednesday, September 8, 2004, 6:00 pm Wednesday Wramble**

Leader: Bob Bruce (248) 641-5139, distance 18-22 miles, pace 13-15, terrain flat to rolling. Dual paced ride. Kathy George will lead a slower, shorter ride. Meet at NE corner of Livernois and Long Lake. Park next to AAA office, facing Long Lake. Optional restaurant stop after ride.

**Saturday, September 11, 2004, 10:00 am Lower Huron Metroparks Trail Ride**

Leader: Kevin Degen (248) 569-5674, work (248) 603-5314, distance 23 miles, pace 11-13, terrain rolling. Meet in the Tulip Tree picnic area in Lower Huron Metropark. Take I-94 west to Haggerty Rd., Exit 192, (first exit west of I-275). Go South on Haggerty 1 mile into park to the second parking area. Park near restrooms. Optional restaurant stop after the ride.

**Sunday, September 12, 2004 Peach of a Ride**

Paved road routes of 25, 45, 55 and 62 miles. Dirt road routes of 25 and 31 miles. The course is open from 7:00 am to 4:00 pm. 25 and 31 milers must start by 11:30 am. Longer riders must start by 9:30 am. Homemade cookies at all rest stops. Free lunch after the ride at Armada Elementary School. For additional information, see the Peach of a Ride Application form.

**Wednesday, September 15, 2004, 9:30 am Rochester Hills Morning Ride**

Leader: Pat Mullin (248) 656-2187, distance 25-30 miles, terrain rolling. Join Pat for a ride on the Auburn Hills Trail, Oakland Technical Park, Oakland University, and hilly neighborhoods in Rochester Hills. Meet at his condo at 1754 Thomas Ct. Enter Streamwood Condominiums, north off Hamlin Rd., just east of Crooks Rd. (North of M-59). Lunch nearby after the ride. Call if weather questionable.

**Wednesday, September 15, 2004, 6:00 pm Wednesday Wramble** Leader:

Bob Bruce (248) 641-5139, distance 18-22 miles, pace 13-15, terrain flat to rolling. Dual paced ride. Kathy George will lead a slower, shorter ride. Meet at NE corner of Livernois and Long Lake. Park next to AAA office, facing Long Lake. Optional restaurant stop after ride.

**Saturday, September 18, 2004 Celebration of Cycling**

Each year our club participates in this fundraiser ride for the PEAC (formerly ARC) program. Last year we won the cycling club challenge for greatest number of participants. This year we want to go for the greatest number of miles ridden too.

**Sunday, September 19, 2004, 10:00 am Harsen's Island Roast Beef Dinner**

Leader: Jim Walter (248) 879-2405, Distance: 22-27 mi, terrain flat, ride at your own pace. Meet behind McDonald's on M-29 in Algonac. Roast beef dinner with all the trimmings at St. Paul's Church for about \$8.00. Ride out to the point and back to the church for dinner. More riding after dinner optional if you are not too full. **Long version:** Meet Bob George (586) 463-6058, at 9:00 am in New Baltimore at the water tower. Distance will be about 50 miles, pace 13-15.

**Tuesday, September 21, 2004, 10:00 am Grosse Pointe Morning Ride**

Leaders: Pat and Shirley Mullin (248) 656-2187, distance 25-35 miles, pace 12-14, terrain flat. Meet at the Grosse Pointe Woods Municipal Building at 20025 Mack Avenue, between Moross and Vernier, on the West side of Mack. Park at the north side of the parking lot. Lunch during ride. Pat leads portions of the ride at a faster pace. Call before 8:30 am if weather is questionable as they may not take the long drive into GP.

**Wednesday, September 22, 2004, 6:00 pm Wednesday Wramble**

Leader: Bob Bruce (248) 641-5139, distance 18-22 miles, pace 13-15, terrain flat to rolling. Dual paced ride. Kathy George will lead a slower, shorter ride. Meet at NE corner of Livernois and Long Lake. Park next to AAA office, facing Long Lake. Optional restaurant stop after ride.

**Sunday, September 26, 2004, 11:00 am Little Bavaria Tour**

Leader: Paul Wilhelm (586) 247-6397, distance 40+ miles, pace 12-14, flat, paved, low traffic volume, Meet at the Frankenmuth Bavarian Inn Parking lot (1 Covered Bridge lane). Optional shorter ride distance 22 miles, leader tbd. Optional Zehnder's for chicken dinner after the ride.

**Wednesday, September 29, 2004, 6:00 pm Wednesday Wramble**

Leader: Bob Bruce (248) 641-5139, distance 18-22 miles, pace 13-15, terrain flat to rolling. Dual paced ride. Kathy George will lead a slower, shorter ride. Meet at NE corner of Livernois and Long Lake. Park next to AAA office, facing Long Lake. Optional restaurant stop after ride.

**Thursday, September 30, 2004, 10:00 am Richmond to Goodells Park**

Leader: Alex Schneider (810) 329-7245, distance 42 miles, terrain mostly flat. Meet at M-19 and Gratiot in Burger King parking lot. Bring picnic lunch or buy one in Memphis to eat at Goodells Park.

**Thursday, September 30, 2004, 10:00 am Grosse Pointe Morning Ride Leaders:**

Pat and Shirley Mullin (248) 656-2187, distance 25-35 miles, pace 12-14, terrain flat. Meet at the Grosse Pointe Woods Municipal Building at 20025 Mack Avenue, between Moross and Vernier, on the West side of Mack. Park at the north side of the parking lot. Lunch during ride. Pat leads portions of the ride at a faster pace. Call before 8:30 am if weather is questionable as they may not take the long drive into GP.

A THOUGHT .....

ARE YOU A CHRISTIAN ???

Little Johnny was walking down the beach,  
and he spied a matronly woman sitting under a  
beach umbrella on the sand. He walked up to her

and asked,

"Are you a Christian?"

"Yes," she replied.

"Do you read your bible every day?"

She nodded her head, "Yes."

"Do you pray often?" Little Johnny asked next,  
and again she answered, "Yes."

With that he asked his final question,

"Will you hold my quarter while I go swimming?"

Submitted by: R.M.J.