



# Spokin' Times News

Inside this issue:

Volunteers Needed	1
SS Recognized	1
Photo Log	3
Walks & Rides	4-5
October Reminder	5
Bike Shops	6
Lighter Side	7

**Slow Spokes**  
 P.O. Box 792  
 Sterling Heights, MI 48311-0792

**November 2007**

## Slow Spokes Needed

### Warren Jaycee's Bike Program

The Warren Jaycee's are interested in having members of the Slow Spokes come to their Christmas Bike Give-away. They are giving away bicycles to under privileged children between the ages of 8 and 13. They would like us to have a table to promote our club and for anyone that comes to our table, talk about bike safety and maintenance. This would possible include a dem-

onstration for putting a chain back on and fixing a flat tire. This will take place on December 8<sup>th</sup> between 10 a.m. and 2 p.m. The place is yet to be determined but will take place in Warren, somewhere between 13 and 14 Mile and Mound. If you would like to please volunteer for this event call Kim or Mark Mau.



### Lupus Loops Bike Ride

With the Peach of a Ride behind us for the moment our next activity will be the Lupus Loops Ride. We are in need for volunteers in all areas, kitchen, publicity, registration, rest stop, maps and sag drivers, just to name a few. Please contact Kim Mau at [mau-markd@sbcglobal.net](mailto:mau-markd@sbcglobal.net) if you are able to volunteer for this event or give her a call at 586-779-2767.

Thanks so much Kim

### PEAC RESULTS 07

#### Mileage

1. Wolverine Sports Club: 3635.1 Miles
2. AABTS: 2649 Miles
3. Downriver Cycling Club: 617 Miles
4. Dearborn Cycling Saddlemen: 473

#### Percentage

1. DCC: 20.9% - 23 riders
2. Wolverine Sports Club: 18.8%- 47 riders
3. Slow Spokes: 12.5%- 25 riders
4. AABTS: 4.5%- 26 riders

## Member Gets Press Recognition

Detroit Free Press  
 Sunday, Sep 23, 2007  
 North Macomb Section

Slow Spokes member Bob George is to be congratulated on his persistence in connecting students with the International Space Station allowing them to talk directly with the Astronauts on board as they pass overhead at King Academy in Mt. Clemens. Students had an opportu-

nity to ask questions and to hear the astronauts answer their questions because of Bob and the L'Anse Creuse Ham Radio Club. Bob helped the school apply to the ARISS program more than two years ago. It takes about 600 to 700 man hours to get everything ready for a 10 minute contact with the Space Station.

Bob was instrumental in getting equipment donated from members of the American Radio Relay

League that included antennas and other equipment that was erected on the school grounds for the program.

Students from the entire school; Kindergarten through fifth grade were able to sit in the school's cafeteria and here the discussion.

Congratulations Bob and all the HAM Radio operator's that worked in the background on this project.

<u>President</u>	Paul Wilhelm	<u>Membership Chair:</u>	Lennie Raines
<u>Vice President</u>	Kim Mau	<u>POR Co-Chairs:</u>	Kim Mau
<u>Treasurer:</u>	Donna Mesyn		Concetta Pellerito
<u>Secretary</u>	Carol Blanchard		
<u>Newsletter Editor:</u>	Chuck Pottenger	<u>Ride Coordinator</u>	Kim Mau

Website: [www.SlowSpokes.org](http://www.SlowSpokes.org)



**Meetings**—Unless otherwise noted, meetings are held at 7:30 p.m. on the first Friday of every month at the Graham Elementary School located on Crocker, north of Metro Parkway. Refreshments are served.



**Ride Information**—Email information for rides and walks to Kim Mau at [maumarkd@sbcglobal.net](mailto:maumarkd@sbcglobal.net) or call at 586/779-2767 or email the information to her at by the (10th) of the month.



**Newsletter Information**—Send articles you'd like published to Attention Chuck Pottenger at 26507 Harper Ave., St. Clair Shores, MI 48081 or email the information to him at [chuck@milupus.org](mailto:chuck@milupus.org). Articles must be received by the 15th of the month for inclusion in the news-

**WELCOME NEW MEMBERS TO THE CLUB**

Charles Rose of St. Joseph  
Bruce Coppola of Macomb

Jan Synk [jansynk@wowway.com](mailto:jansynk@wowway.com)  
Laura Gogola [lgogola@ameritech.net](mailto:lgogola@ameritech.net)

Jim McKinnie [bobcat@wowway.com](mailto:bobcat@wowway.com)  
Ed Schultz [edandnis@sbcglobal.net](mailto:edandnis@sbcglobal.net)

**FOR SALE**

**1999 Trek 1220 road bike**  
Low miles • Great shape  
Frame Color: Ice Earth Green  
Frame: Easton Aluminum - Medium Frame  
21 Speed • Shimano Derailers 's  
\$350.00 call David Saul 248-375-5564

**FOR SALE**

**2004 Slipstream Longbike Recumbent**  
Frame Color: Yellow  
Ridden less than 50 miles  
Paid more than \$2500 new...will consider all offers  
In need of an owner to love it!  
Call Craig or Michele Randolph (586) 992-9602

**FOR SALE**

**2007 Trek 7500 Hybrid**  
Under 40 Miles on Bike  
Frame: Metallic Red & Gray Rapid Fire Shifters  
Speedometer Luggage Rack Folding Mirror  
\$500  
Call Richard Keller 586-463-4324

**FOR SALE**

**2007 Cannondale-Hybrid • Frame Color (Blue)**  
Medium Frame • 24 Speed • 700 X 32 Tires  
Suspension Front Fork • Trip Computer  
Less than 1000 miles on bike  
\$700 or Best Offer  
Call Brian Bolitho 248-895-6850

**Notes from the Newsletter Editor:**

Every attempt will be made to include all articles as they are submitted, and in their entirety, in the newsletter. However, due to space constraints, this may not always be possible. If you do not want your article edited in any way, shape or form (even if typos and/or grammatical errors are apparent) please make a note of that when the article is sent.



# November Ride/Walk Calendar

## Welcome to the Slow Spokes Walking Club

November 2007 - April 1, 2008.

We will embark on a virtual journey to the Mackinaw Bridge. The trip will begin in Warren and is approximately 284 miles. There will be a sign up sheet present at the monthly meetings. You will be responsible for reporting your miles to Kim Mau who will be plotting your course on a map of Michigan. The map will be brought to every meeting reflecting your progress. Please feel free to schedule a walk just like we did for a bike ride.

Some guidelines to follow: 2,000 steps equals 1 mile

15 minutes of exercise equals 1 mile (not including bike rides)

You may contact Kim through email: [maumarkd@sbcglobal.net](mailto:maumarkd@sbcglobal.net)

or by mail at: 30122 Hayes, Roseville, MI 48066 or at the monthly meeting

It is best not to leave a message on her home phone as sometimes things get misplaced. If you submit a mileage sheet for the month, this needs to be reported by weekly miles.

GOOD LUCK AND HAVE A LOT OF FUN

### JEFFERSON WALK

DISTANCE:	Undetermined distance approximately 1-1 1/2 hrs	DATE:	THURSDAYS
PACE	Quick	TIME:	6:00 p.m.
LEADER:	Carol Green 586-296-7381		
MEETING PLACE:	Jefferson and Masonic Parking Center		
ADDITIONAL INFORMATION:	Starting in November every Thursday unless otherwise notified.		

### SATURDAY SOUP-ER WALK

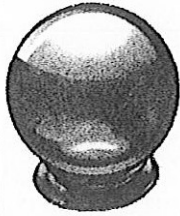
DISTANCE:	5 miles	DATE:	Saturday Nov 3, 2007
PACE	2.98 mph	TIME:	10:00 a.m.
LEADER:	Evelyn Bires 586-778-8397		
MEETING PLACE:	St. Germaine's parking lot on the corner of Little Mack and Martin Road in St. Clair Shores.		
ADDITIONAL INFORMATION:	We will stop at my house just prior to the end of the walk for soup and possibly desert (if you are good?)		

### 2nd ANNUAL CAROL GREEN BIRTHDAY RIDE

DISTANCE:	41 miles	DATE:	Sunday Nov 4, 2007
PACE	13-15 mph	TIME:	10:00 a.m.
LEADER:	Tom Miller 586-573-4754		
MEETING PLACE:	Majestic Plaza Shopping Center located on the SE corner of Van Dyke and Martin Road in Warren.		
ADDITIONAL INFORMATION:	We have a restaurant stop at Lafayette Coney Island. We will ride through Detroit's New River walk, Greek Town, Comerica Park and Ford Field.		

DODGE PARK WALK			
DISTANCE:	Undetermined possibly 4 miles	DATE:	Saturday, Nov 10, 07
PACE:	Walk together	TIME:	8:30 a.m.
TERRAIN:	Flat		
LEADERS:	Kim Mau 586-779-2767		
MEETING PLACE:	Parking lot at Dodge Park		
ADDITIONAL INFORMATION:			

### Looking Ahead



Plans are in the making for a camping, biking trip out of Lakeport State Park next June 2 thru 5. Park personnel strongly suggested reservations 6 months in advance due to the popularity of he Park. (Lakeport is 11 miles south of Lexington on Lake Huron.) Depending on the number of people interested it will cost \$10 per person per night for camping and reservation fee. A State Park Pass is required. If you wish to join, please call before December 4th and plan on submitting payment by then as well.

Those wishing to stay at Motels need to make their own arrangements. We may be able to make suggestions or you can inquire online. Maps will be distributed with varying route distances so that everyone can cycle at their own comfort distance and pace.

It would be fun to have sites near each other so if you're considering going, please let me know by December 4th and I can reserve the camping sites.

**Evelyn Bires 586-778-8397**

Don't forget the Halloween Hat Ride Oct 28th where we will gather at the clubhouse for some delicious homemade food and desserts for your dining pleasure.

To quench your thirst there will be DELICIOUS cold Apple Cider or wonderful hot coffee for your drinking pleasure.

For those of you not riding, but attending the Luncheon, we figure that we will be back from our ride about 1:00 - 1:30 and the feasting will begin then. **JUST RE-MEMBER**, there will be an ugly **GHOUL** at the entry to the clubhouse to check your dome for the funny or creative or beautiful or silly or maybe Drop Dead Gorgeous or Drop Dead Ugly **HAT**.

**REMEMBER - NO HAT - NO ENTRY** to clubhouse and therefore no delicious food or drink. Also The Ghoul can be extremely moody and may do harm to Humans without Hats. **BEWARE.**


We will hear stories about your hat, be it real or made-up on how you came to be wearing your particular hat for this Holiday. If you don't have a story about your hat, that's O.K., but be forewarned, you will have to perform in a Hula Hoop Contest- Again, Your choice.

Aloys has cooked up some creative and fun games for us to partake in to celebrate this spooooky holiday. We look forward to greeting all of our members who enjoy a little tomfoolery.

If the weather is inclement and the ride has to be cancelled, **PLEASE** be our guest at the clubhouse at 12:00 noon, to help us consume all the wonderful food and drink that has been prepared for this day. We will light a fire in the fireplace and create a warm and cozy atmosphere for your enjoyment and pleasure. We can still gather to break bread, view silly hats and partake in some foolish festivities. Your welcoming hosts for this day will be ~~~~~

Aloys  Evelyn 

Rose Marie  586 779-4780

<p>Euchre Tournament                  Friday Nov 2, 2007                  Maple Lane Golf Course                  33203 Maple Lane Road                  Sterling Heights., MI 48312</p>		<p>Proceeds benefit the 8 year old Michigan Line Drive Baseball Team                  \$20 per person call Marlene Wilson at 586-899-7367 for information                  Sign in 6:00 pm Starts 7:00 pm                  Thank you, Rita</p>
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### SHARON LYNN WILHELM

We were saddened by the news of the sudden passing of our beloved presidents wife Sharon on Sunday October 14, 2007. The funeral service was held on Thursday Oct. 18th. So many members expressed how wonderful Sharon was to them when they called the house to talk to Paul, or when they were injured Sharon was one of the first people to call them and ask about their health. We will all miss Sharon and the profound influence she had on our club.

## YOUR FAVORITE BIKE SHOP!!!

The following bicycle stores offer a discount on equipment and accessories. Be prepared to show your Slow Spokes membership card when making a purchase to receive the discount.

Allied Cycle	23101 Gratiot	Eastpointe, MI 48021	586/772-3411
American Cycle & Fitness	New Address: 29428 Woodward Ave	Royal Oak, MI 48072	586/542-7182
American Cycle & Fitness	2169 Metro Parkway	Sterling Heights, MI 48310	586/979-7570
Anchor Bay Bicycle & Fitness	35214 23 Mile Road	New Baltimore, MI 48047	586/725-2878
Bicycle & Fitness Barn	1604 Stone Street	Port Huron, MI 48060	810/987-2523
Bike Tech	18401 E. Warren	Detroit, MI 48236	313/884-2453
Continental Bike Shop	24426 John R.	Hazel Park, MI 48030	248/545-1225
D & D Bicycles	4141 W. 12 Mile Road	Berkley, MI 48072	248/547-0770
Fraser Bicycle & Fitness	34501 Utica Road	Fraser, MI 48072	586/294-4070
Macomb Bike & Fitness	28411 Schoenherr	Warren, MI 48088	586/756-5400
Main Street Bicycles	11 S. Washington	Oxford, MI 48371	248/236-9100
Main Street Bicycles	5987 26 Mile Road	Washington Twp., MI 48094	586/677-7755
Paul's Bike Depot	28057 Gratiot	Roseville, MI 48066	586/776-9165
American Cycle & Fitness (Formerly Pointe Cycle & Fitness)	20343 Mack Avenue	Grosse Pointe Woods, MI 48236	313/886-1968
American Cycle & Fitness (Formerly Scarlett's)	203 N. Perry Street	Pontiac, MI 48342	248/333-7843
Hamilton Bicycle	69329 Main Street	Richmond, MI 48062	586/727-5140

REARVIEW MIRROR:

Bicycle cops chase speeding cyclists

In 1897, the Detroit Police Department introduced a new form of transportation, the bicycle. The first bicycle patrol officers were known as "scorchers." The scorchers were expert bicyclists employed for the express purpose of apprehending other speeding bicyclists.

Throughout its long history, the department has been a leader in adopting new technologies in the war against crime. It was among the first departments to put officers on bicycles, it had one of the earliest motorized forces using motorcycles, but perhaps most important of all, it pioneered the use of the automobile and the mobile radio as crime-fighting tools.

In the beginning, the police were watchmen, patrolling neighborhoods and business districts on foot. The closeness



Detroit News photo archive

Detroit bicycle cops Joe Whitty, left, and Charlie Stewart posed in front of Elmwood Station in 1895.

of the cop on the beat to the community created a strong bond between the police and the public.

-- Detroit News library

ORDER THIS PHOTO

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Submitted by Fred Hamman

A THOUGHT.....

On Friendship --

Walk slowly and gently, my friend, into the house of my Being.

Discover first in me a strength and converse with that part so that I may develop the security to share that which feels less strong.

Theta Burke

A SECOND THOUGHT .....

How sad would be November if we had no knowledge of the Spring!

Edwin Way Teale

Submitted by: R.M.J.

SIXTEEN BRIDES

A JOKE .....

A Little boy was attending his first wedding.

After the service his cousin asked him, "How many women can a man marry?"

"Sixteen," the boy responded.

His cousin was amazed that he had an answer so quickly.

"How do you know that?"

"Easy," the little boy said. "All you have to do is add it up, like the Bishop said: 4 better, 4 worse,

4 richer. 4 poorer."

SLOW SPOKES MEMBERSHIP APPLICATION

DATE: \_\_\_\_\_ NEW MEMBER \_\_\_\_\_ RENEWAL \_\_\_\_\_

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Please mail this application along with a check for \$15.00 payable to:

Slow Spokes  
P. O. Box 792  
Sterling Heights, MI 48311-0792

Anyone interested in bicycling is eligible for membership. Those under 18 years of age must be accompanied by an adult during all club activities and rides.